

Matthew Simpson

Call 2018

Matthew is a member of Trinity's Civil Practice Group and accepts instructions across all the core practice areas. His main focus is on Business & Property and Regulatory work. Matthew is a seasoned and capable trial advocate with experience in the County Court, High Court and Court of Appeal. Since he started practising Matthew has rapidly earned a reputation for building solid client rapport and delivering excellent results. Matthew joined Trinity Chambers in summer 2022, returning to his home in the North East. Previously he practised exclusively in London.

EXPERTISE

Business & Property

Prior to being called to the bar Matthew worked in the front office of a tier-1 investment bank. Calling upon this experience Matthew relishes the complexity and challenge of commercial disputes. Prior to civil practice, Matthew developed white-collar criminal experience representing both corporate entities and private individuals in very high-value cases concerning allegations of professional and criminal impropriety. Consequently, Matthew appreciates the importance to commercial clients of detailed, actionable and timely advice, especially when the financial stakes are high.

More broadly, Matthew accepts instructions in all areas of Business & Property litigation, including:

- Breach of Contract
- Shareholder Disputes
- Real Property
- Commercial Landlord & Tenant
- Dilapidations
- Mortgage Possession
- Brokerage & Energy
- Employee Restrictive Covenants
- Trusts of Land (ToLATA)
- Proprietary Estoppel
- Contested Probate
- Inheritance Act
- Trespass/Nuisance
- Professional Negligence

Public Law & General Civil



Expertise

Business & Commercial
Litigation

Property

Inheritance, Probate & Trusts

Consumer Law & Professional
Negligence

Regulatory

Licensing

Costs

Insolvency & Restructuring

Data Protection & Information

Personal Injury & Clinical
Negligence

As a member of the Attorney General's Regional C Panel of Counsel, Matthew accepts instructions on behalf of government bodies. Recently Matthew was instructed in the High Court on behalf of a central government department, successfully defending a high value malicious prosecution and misfeasance in public office claim.

Matthew has also acted on behalf of the Cabinet Office on the Covid-19 Inquiry.

Matthew also has extensive experience in dealing with civil orders handled by the criminal courts.

Professional Discipline & Regulatory

In 2025 Matthew was appointed to the List of Specialist Regulatory Advocates in Health & Safety and Environmental Law.

As a Nursing & Midwifery Council (NMC) Case Presenter, Matthew has experience of presenting cases relating to interim measures and substantive order reviews.

Matthew has extensive experience of professional discipline in representing servicemen and women at court martial. Although no longer accepting such instructions, Matthew looks forward to deploying this experience in other disciplinary proceedings.

Licensing

Matthew has experience of representing private individuals and local authorities in a range of licensing cases. He has a particular interest in firearms licensing and enjoys calling upon specialist knowledge acquired from a prior career as an infantry army officer.

APPOINTMENTS

- Attorney General's Regional C Panel of Counsel
- List of Specialist Regulatory Advocates in Health & Safety and Environmental Law (List C)
- NMC Case Presenter
- ICCA "Advocacy and the Vulnerable Training Programme"

EDUCATION & AWARDS

- University of Manchester, Politics & History – 1st Class BA (Hons)
- Royal Military Academy Sandhurst
- CFA (UK), Investment Management Certificate
- BPP University, GDL – Commendation
- University of Law, BPTC – Very Competent
- BPTC James Crouch Scholar (Gray's Inn)
- Internship Award (Gray's Inn)

MEMBERSHIPS

- Gray's Inn
- Young Fraud Lawyers Association
- Health and Safety Lawyers' Association

ADDITIONAL INFORMATION

Clerking team



Steve Walker
Lead Business, Property
& Employment Clerk
0191 245 9589



Aimee Cummings
Business & Property
Clerk
0191 245 9556



Paul McNab
Lead Housing, Personal
Injury & Public Law
Clerk
0113 3235 955



Lisa Tyczynska
Employment Clerk
0113 3235 955



Liam Gorman
Lead Criminal &
Regulatory Clerk
0191 245 9521



Molly Sinnott
Junior Civil Clerk
0191 3009 359



Shannon Burns
Junior Civil Clerk
0191 245 9543



Fiona Bullock
Direct Access Clerk
01642 247 569

Matthew is public access qualified and is able to accept instructions from the public or businesses directly.

Prior to being called to the Bar, Matthew served as an infantry officer in the Welsh Guards up to the rank of Captain. His service included leading combat troops on overseas deployments and multiple active operational tours.

Following his return to the North East, Matthew maintains an associate tenancy at 5 Essex Chambers in London.

What Others Say

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"I trust him to offer sound advice and build excellent rapport with clients."

Instructing solicitor

"Matthew is confident, clear and concise...he is the sort of barrister judges welcome having before them, which can only be to the advantage of his clients."

Senior Circuit Judge

"Matthew was well presented, knowledgeable and made me feel at ease throughout it all."

Lay client

"Matt dealt with us all with such professionalism and empathy. I honestly can't thank him enough for all that he has done."

Lay client